

03 September 2022

Dear executive team of European Young Family Doctors Group,

We are grateful for this possibility to express a small but ambitious idea that we aim to convert into a project for many of us.

In the last European Wonca Conference in London, we considered a Women's Health Work Group as necessary. As family doctors, we are in a privileged position to assist the ones who have less in our communities. Women are recognised as a minority group, despite being half of the world population.

It has been acknowledged that throughout the History, the human body has been studied inevitably in a cultural and historical context. Hence, Western Medicine runs by the heritage of its social parametres and, as a matter of course, having the male body as the model to compare with.

There is a sensible amount of data currently to prove that women are at a clear disadvantage as patients, in terms of achieving the resources they require and accessing the health system.

The goal of this group will be to create visibility for the different needs of women as individuals and to work along with the Wonca Working Party on Women and Family Medicine Group, in order to promote gender equity and resources to young doctors. Women accessing medical education is still a chimera in many countries in the XXI century. Understanding the gender gap, sharing the difficulties we come across during our professional life and promoting a gender-neutral approach to reduce our daily barriers would be our main objectives.

From the patients' point of view, our curriculum would be focused on women's health necessities as part of the community and communicate with our peers – health care professionals – in order to obtain a wider sensibility in this matter. For instance: inequalities in diagnosis and treatment (ie.: Emergency Medicine, diagnosis and treatment of cancer), contraception and subfertility, menopause, obstetric violence, consequences of social changes in mental health focused on women (such as the "glass ceiling", consequences of war and violent events and gender violence)

We would like to express again our gratitude for being given this opportunity and we are looking forward to hearing from you.

Kindest regards,

Helena Alonso Valencia

In behalf of SIG Women's Health EYFDM

Name of Head: Helena Alonso Valencia

List of founding members: Maria Aránzazu Dorrego López, Miriam Blanco Seoane

Stated aims of the group: as expressed above.

General idea of upcoming plans: workshops in conferences and forums, support colleagues in both educational and professional roles, sharing the ideas into our respective communities through media and meetings.