

European Young Family Doctors' Movement

EYFDM Annual Report

2022-2023

EUROPEAN YOUNG FAMILY DOCTORS' MOVEMENT (EYFDM)
OF THE WORLD FAMILY DOCTORS ORGANISATION (WONCA) |INFO@EYFDM.EU

CONTENTS

3	Who we are
5	Letter from the President
7	EYFDM Explained
9	Executive Group
11	Awards
13	Fundraising and Treasury
14	Exchanges
17	Image
18	Events
20	Special Interest Groups
21	Networks & Liaisons
22	Council

WHO WE ARE

Our Vision for EYFDM

EYFDM envisions a world where every early career Family Doctor is empowered, connected, supported and heard.

Our Vision for Family Medicine

The profession of Family Medicine is evidence-informed, innovative, and influential, providing high quality holistic care as a core component of sustainable health systems, achieving health for all.

Our Aims

- 1. Provide opportunities for all early career Family Doctors in Europe to meet, learn from each other, and gain collegiate support
- 2. Be the voice of early career Family Doctors in Europe
- 3. Improve opportunities for early career Family Doctors in Europe, including in education and research
- 4. Strengthen the position of Family Medicine as a discipline in Europe

What We Do

We achieve our aims through the development of relationships, networks, exchanges and events at national and international levels, as well as through advocacy and representation.

A LETTER FROM THE PRESIDENT

Dear Friends,

Well, it has been quite a special couple of years! As I reach the end of my time as President of this amazing movement, I recognise how far we have come, how much we have achieved. And how, at our core, our spirit remains the same.

The last couple of years leading this organisations have been a joy, but not without challenges. When I was elected we were still in the early days of the COVID pandemic, still working out what this means for each of us personally, our communities, and also for our movement. I saw our community come together, supporting and learning together. We found ways to adapt, and to remain connected. However, this meant we also lost a lot of exchange opportunities, our forum in Edinburgh had to be postponed by a year, WONCA Europe 2020 was postponed and moved online...and this also meant a new generation of young doctors did not find us, and we did not find them.

We started to find our feet again with our Pre-Conference in Amsterdam, our delayed Forum in Edinburgh, and then came back with full energy in London! In this time we reflected on our identity, how we wanted to present ourselves to the world, and how we wanted to move forward and grow. So, we went through the process of changing our name and our logo, and established ourselves as a independent organisation. Still very much a part of the WONCA family, but, as an 18 year-old organisation, we felt it was time to stretch our wings a little bit. I am excited to see what comes next!

Without a doubt, the highlight of my time in our movement so far, have been all the amazing people I have got to know, and got to work with in the last few years.

Especially important to me personally, in my time as President, have been my executive. They have put up with me challenging and pushing them, given their time and effort and ideas, and done so with passion! Marta, Kerry, Rocio, Nadia, Chris, with me from our elections together. Ana Cristina, Ikbal, Aaron and Stuart who have joined along the way. Sonia and Julien who were with us at the beginning. You have all been a joy to work with!

I would also really like to thank the council who have given us their time, representing their countries, the special interest groups, network liaisons, and definitely all our active members.

I'd like to thanks those who have been part of our movement in the past, who keep EYFDM in their hearts, who worked for it to be the movement it is. We wouldn't be here without them.

Now, it is time to look to the future. And I am sure that as my successor, Stuart will do a fantastic job of leading our movement forward in this new stage of our development. I hope you will be part of this new chapter with us, and will find it as fulfilling as I have found the last six years.

Nick Mamo EYFDM President



A LETTER FROM THE PRESIDENT-ELECT

Dear friends and colleagues,

Firstly thank you all for your involvement in EYFDM and for putting your trust in me to lead the executive over the next few years – it is a real privilege and I and will give the role the respect that it deserves.

EYFDM functions thanks to the contributions of a small army – its council, executive, national exchange coordinators, SIG leads, liaisons to other organisations and of course our active members! I want to start by saying that you are all much appreciated – thank you for the work you do.

Particularly though I would like to thank Nick, the outgoing president, and the executive group for stewarding EYFDM through the difficult years of the pandemic. Nick has worked hard and consistently over his term and he leaves behind the legacy of a strong movement with a new, clearer name and a fresh logo that reflects our values and dynamism.

Furthermore we are now an independently registered organisation with our own accounts! In addition to Nick, I would like to highlight the work of Nadia Toumi and Marta Kurdzielewicz, from the executive, for their huge roles in establishing ourselves legally and with new branding.

I know that EYFDM is very important to its members and I too missed it during the pandemic years when it was difficult for our events to take place face-to-face. The huge attendance at the preconference in London in 2022 demonstrated that we were all impatient to meet again.

I will do my best over the next two years to support and guide the executive and council to help our community to continue to grow both in strength and in the opportunities that EYFDM delivers for you, its members. Both conference exchanges and Hippokrates exchange have returned, and we have both a forum and pre-conference to look forward to in 2024!

I look forward to seeing old faces and meeting new ones in Brussels this June! I want to be approachable to EYFDM members so please do say hello – especially if you have ideas, suggestions or comments for me and the direction of our movement.

Looking forward to working with you all over the coming years!

Stuart Holmes
EYFDM President-Elect



A short guide to EYFDM The European Young Family Doctors' Movement

What this is all about?

To understand what EYFDM is, it's good to make yourself familiar with two other organisations: **WONCA World** and **WONCA Europe**. WONCA World is a professional organisation representing family physicians and general practitioners from all over the world. WONCA Europe is its European branch. **The European Young Family Doctors' Movement** is a part of WONCA Europe, but it's created and run solely by and for **young doctors**.

Who is a young doctor, then?

"Young doctor" is defined as an early career family doctor (FD - also known as a general practitioner, or GP). So if you are a resident or within five years of completing training, you are a "young doctor". As a "young doctor" within WONCA you are automatically a EYFDM member.

What is the mission of EYFDM?

EYFDM envisions a world where young family doctors are empowered, connected, supported and heard; where the profession of family medicine is **innovative**, **influential & academically robust**; where family doctors and our speciality are recognised and respected as an **essential** component of primary care.

What if I am interested in certain areas of family medicine?

Family medicine covers a wide spectrum of medical areas and each GP can have different fields of interest. For those who want to develop and focus on a particular aspect of general practice, Special Interest Groups (**SIGs**) have been created.

Where can I find more about EYFDM?

Visit our **website**: <u>eyfdm.eu</u> Follow us on **social media**



@eyfdm

Read the full version of our guide (available on our website)

A YEAR WITH EYFDM

WHAT CAN YOU DO WITH THE EUROPEAN YOUNG DOCTORS' MOVEMENT WITHIN A YEAR?

CONFERENCE EXCHANGE

EYFDM Preconference is organised **every year** by young FDs for young FDs, starts right before the WONCA Conference.

WONCA EUROPE Conference gathers **every year** thousands of GPs at the biggest conference of Family Medicine in Europe.

HIPPOKRATES EXCHANGE

RESEARCH AWARD EXCHANGE AWARD

FM 360° EXCHANGE

CONFERENCE EXCHANGE

European Young Family Doctors' Movement Forum happens every **1 or 2 years**, it's a mix of science and social events for young GPs. This conference is not connected with any other event.

WONCA WORLD is organised **every 2 years.** Meet GP trainees and FM specialists from around the world and deepen your medical knowledge.

CONFERENCE EXCHANGE

Every **Conference Exchange** lasts for a few days and usually takes place in the same city as the upcoming conference.

EYFDM PRECONFERENCE

WONCA EUROPE CONFERENCE

Choose a country in Europe and spend weeks in a GP practice with **Hippokrates Exchange** programe.

The Research Award and Exchange Award are given every year for an advanced research project in family medicine and for the best exchanges done in rural and urban GP practice.

FM 360° is an **exchange** you can do almost anywhere around the world-choose the destination and start packing.

EYFDM FORUM

WONCA WORLD PRECONFERENCE WONCA WORLD

EYFDM PRECONFERENCE WONCA EUROPE CONFERENCE

EXECUTIVE



Nick Mamo - President

Maltese GP in the Netherlands. Currently a full-time PhD candidate focusing on implementation of collaborative care networks. I am passionate about the power of community.



Kerry Greenan - Secretary

and also a Clinical Lead for Population Health. I am passionate about tackling health inequalities, and the importance of primary care in every health system. I love to



Stuart Holmes - President-Elect

I'm really passionate about how EYFDM provides opportunities for young family doctors to meet and learn from each other.



Loves cooking for family and friends, to spend time in nature, discover new places, meet people from other cultures - both inside and outside the consultation room.



Christian Rechtenwald - Image Officer

Husband to Fee, Father to Benjamin, self-employed rural GP and part of VdGM since 2014

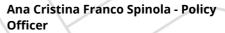


I'm a GP and University researcher passionate about cultural differences in healthcare across Europe.



Ikbal Hümay Arman - Events Officer I am a FM Specialist and a PhD student

in Public Health, who cares about the development of community health and increasing health literacy. I am a mother to a baby girl now, but I still love travelling, writing and creating memories with photos, videos and drones.

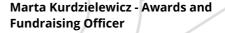


Silence and alone time in nature is something I treasure. Mindfulness, women circles, growing my food and preparing it.



Rocío García-Gutiérrez Gómez -**Exchange Officer**

After being the REC of Madrid for several years, I got into the adventure of being the Exchange Officer, which, despite having to reconcile it with being a doctor during a pandemic, and being the mother of a wonderful little boy, has been a fantastic opportunity with which I am learning and enjoying.



I enjoy discussing and contemplating different points of view, reading books incessantly gives me pleasure and having a soft spot for animals has made me become vegetarian.



AWARDS

Fons Sips Award

Every two years, the **EYFDM** appreciates the extraordinary commitment to EYFDM amongst its members by giving the Fons Sips Achievement Award. Even though the importance of the award has always been acknowledged the year 2021 brought additional meaning to this commendation. WONCA World created the new award which aims to recognize a young doctor who has demonstrated a drive for excellence in Health Care - a Rising Star. Each of the Doctors Movements designates Young candidate for WONCA World Rising Star Award, to be announced at the WONCA World Conference in Sydney.



This year the Fons Sips Outstanding Achievement Award and our nomination for the WONCA World Rising Star Award is given to Marta Ruivo from Portugal. Genco Görgü who nominated Marta says that she has the potential to be one of the health leaders who will ensure equality in health in the future. The key factor underlying this leadership quality is the ability to blend academic and scientific productivity with a sensitive social activism.



JUNIOR RESEARCHER AWARD (JRA)

London was a great occasion to hear the presentation of the JRA 2022's finalists, the jury members proved the winner: **Aaron Poppleton** with his research project titled: **Culturally adapting primary care mental health for the UK Central and Eastern European community**

The opportunity to present a research project at WONCA Europe Conference in Brussels encouraged several young GPs to compete for the Junior Researcher Award in 2023. Our jury members, in person of doctor Radost Asenova, doctor Fabian Dupont and doctor Aaron Poppleton proved three finalists: Katrien Danhieux from Belgium, Sophie Sun from France and Raisa Alvarez Paniagua from Spain. The themes of the projects vary widely, but this diversity proves how versatile family medicine is and that the scope for research in this field is unlimited. We are looking forward to seeing the presentations of JRA's finalists during the WONCA Europe workshop in Brussels.

AWARDS

EYFDM BURSARY FUND

The events in London turned out to be a major success in terms of supporting EYFDM Fund. The lottery that was organized in order to raise funds to support young family doctors from less privilege countries collected over 4000 euros! It proved generosity of our members and the lottery as a good way of fundraising.

We are very happy that the EYFDM Fund, once again, could have supported young family doctors to join such spectacular and educational events as EYFDM Preconference and WONCA Europe Conference in London. The financial support was given to Roxana-Ştefania Băncescu from Romania and Aigerim Imanbayeva from Kazakhstan.





Please, take a moment and read Roxana's words who attended both events in London.

"(…) The Preconference had many workshops where we talked about matters such as planetary health, transgender issues, LGBT Community and ways to improve our attitude about it, as I said, in the benefits of the patients. The workshops were really helpful and well organised, so we all felt that we actually have something to go home with, have something to share with our colleagues and something to change in our own work.

The Conference, on the other side, came with a multitude of speakers and also workshops, with so many topics and so many problems to discuss and also seek to resolve.

Over all, I can say I have enjoyed my experience to the fullest, and I feel so blessed that I have been able to attend these two big events.

I really feel that I came back changed in so many good ways, with so much information ready to be put into practice, and also to be spread around, to my near colleagues and to those who are far away, so that lots of patients will take advantage of that.

Also, I would like to add that the people that I met there were absolutely amazing, and made this experience even better. Thank you all!"

FUNDRAISING & TREASURY

HOW IS EYFDM FUNDED?

Every year we receive a sum of money from WONCA Europe as one of its Networks. This allows EYFDM to fund our Awards including Research and Exchange Awards, it also allows us to support the Executive in their day-to-day functions. EYFDM also takes donations to fund the EYFDM Fund. The money in this fund is protected and dedicated to provide bursaries and subsidies to support EYFDM Members to participate in the EYFDM Forum, the EYFDM Preconference and WONCA Europe Conference.

We use the EYFDM Fund specially to support those who are from lower- and middle-income countries, aiding in spreading the EYFDM Virus across Europe! In 2021 we added the "HOC Support Fund" to the EYFDM Fund. This fund aims to support Host Organising Committees (HOCs) of EYFDM Forums and Preconferences, who are in a financially challenging situation. Any donations you give us are 100% used for the EYFDM Fund, and therefore 100% given to support our members in need of financial assistance. The more donations we receive, the more we can support!

HOW DID WE DO LAST YEAR?

2022 was the year the Executive worked on our name change and independence. These changes entailed costs for the notary and the logo design of our new name. The costs turned out to be higher than budgeted due to unforeseen circumstances. Luckily, we received a higher annual grant from WONCA Europe than budgeted, which allowed us to cover the higher costs for the notary and logo design. Also, we stayed well within budget for the Exchange Awards, Research Award and Executive costs, spending in total €2.500 less than budgeted.

The 'EYFDM Fund' was well used in 2022. We were able to support the HOCs of the Edinburgh Forum and the London Preconference with the 'HOC Support Fund' (with €1,000 and €1,500 respectively). We had two Forum bursary winners and two WONCA Europe bursary winners, who were able to attend the events with the help of the EYFDM Fund. Thanks to a very successful fundraising campaign and lottery during WONCA Europe, organised by our Awards & Fundraising officer Marta Kurdzielewicz, the EYFDM Fund received a total donation of €4,600. With this money we will continue to support EYFDM members from lower- and middle-income countries and HOCs that are in need of financial support!

EXCHANGES

One of the most famous and successful activities of our movement and the exchanges. After two tough years of the pandemic that made us reinvent ourselves and look for new ways to share and learn from each other, the year 2022 was the year of the return of face-to-face exchanges.

WHAT SORT OF EXCHANGES DO WE OFFER?

CONFERENCE EXCHANGES are short-term exchanges held around national General Practitioner/ Family Physician (GP/FP) conferences.

WONCA EUROPE 2022 IN LONDON

The RCGP Junior International Committee hosted a successful pre-conference exchange in London in June 2022, prior to the joint RCGP/WONCA conference in London. In total, 11 people participated inperson for the exchange from Portugal, France, Norway, Germany, Turkey, Poland, Slovenia and Spain. The exchange included 2 days of observational placement in GP practices all over London and social activities in Camden Market, a sightseeing walk along the Thames and of course plenty of food and drinks! Unfortunately, not all GPs selected for the exchange could attend in person, so some had virtual meetings with their hosts to still participate in the experience. Feedback from visitors and hosts was very positive, that the experience was valuable for shared learning for all involved. Many participants went on to attend the Pre-conference and full conference in London, networking and collaborating further with colleagues from all over the world.

BOSNIA & HERZEGOVINA CONFERENCE EXCHANGE

For the first time, we had an EYFDM conference exchange in Bosnia and Herzegovina, organized in September 2022 by the Public Primary Healthcare Center in Doboj. Although it was very challenging in an organisational way, the exchange was a huge success in every field. The participants had the chance to visit urban and rural family medicine practice, but also to enjoy touristic sightseeing and local gastronomy.

This exchange has shown as all the others that it is a great way to make friends around Europe and impact future work.

As one of the participants said "I will cherish this experience throughout my career life as it has helped me become more aware of the different ways of how health care functions around the world."



EXCHANGES

BALEARIC MEETING

Our first Conference Exchange was the Balearic Meeting, one of the first events associated with EYFDM and is a flag of the same principles of the group, where acting locally, they achieve global objectives. For more than 10 years and with the tenth edition about to be announced, they continue to offer a meeting for young family doctors and residents of the Balearic Islands, as well as other national and international participants in which scientific knowledge and the practical strength of our profession are mixed.

Through the Balearic Exchange we offer a window to EYFDM colleagues on daily clinical practice, sharing the atmosphere that has always distinguished this event. Maintaining high scientific standards, we continue to think of the Balearic Meeting as an event that brings people together, for sharing and exchange of knowledge.

We look forward to inviting you to our next edition in September!



The **FAMILY MEDICINE 360° Programme (FM360)** is a global exchange programme for medical doctors training in Family Medicine/General Practice and junior Family Doctors/General Practitioners (within five years of completing residency training). It enables participants to spend up to four weeks visiting the primary healthcare system of a different country anywhere in the world. The Family Medicine 360° Program was formally launched in 2013 during the 20th WONCA World Conference in Prague. Its aim is to promote intercultural exchanges, so as to give doctors an opportunity to learn from each other in different cultural and socio-economic contexts.

Aside from being an opportunity to broaden one's professional and personal horizons, these exchanges provide the possibility to interact with different primary care settings and health care systems in general. The exchange programme is based on and developed by young doctor's movements worldwide and supported by WONCA World. In order to provide a standardised educational experience, the Family Medicine 360° Programme is built on a special framework based on learning objectives and outcomes. At the end, participants are invited to reflect on their experience, before and after the exchange, and to write a final report. The exchange programme is financially self-supported by participants, who are expected to cover their travel and accommodation expenses. However, hosts are very welcomed to assist participants in providing options for accommodation.

During the year 2022, no departures were made from EYFDM territories to other continents, but 18 applications have been made and are currently awaiting finalization of the arrangements for their implementation.

We also had no visitors or fulfilled FM360 exchanges from other continents to Europe, but had one application waiting to finish the tramits to be able to come.

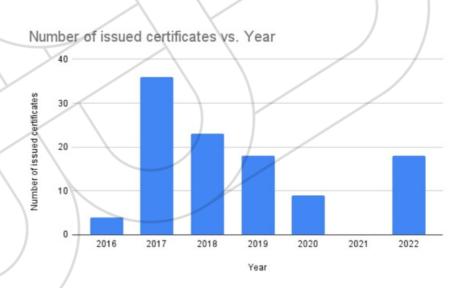
EXCHANGES

The **HIPPOKRATES EXCHANGE** is an exchange program for early career Family Doctors. The programme is supported by WONCA Europe and by the European Academy of Teachers in General Practice (EURACT). The aim of Hippokrates is to encourage exchange and mobility among young doctors in the course of their professional formation thus providing a broader perspective to the concepts of Family Medicine at both professional and personal levels. Participants of the program acquire an insight into the context of General Practice in the primary healthcare system of other European countries either by hosting an exchange participant or visiting a GP practice in another country. Through this they gain knowledge that will inspire them to undertake an active part in the development of Family Medicine at all levels.

Furthermore the program enhances the collaboration among national colleges of Family Medicine and the recruitment of young professionals to these. At the individual level the acquisitions are numerous: an international experience in a improving vocational setting, knowledge and inspirational introduction to methods of professional development for lifelong learning, improving language skills, creating new friendships. The duration of an Exchange is normally two weeks; in some cases one week is acceptable. During this time the visitor will obtain an introduction to the aspects and the role of Family Medicine in the respective country by shadowing all activities of the Host Practice. The visitor should also meet, follow and exchange views with the local trainees specialising in Family Medicine and will be encouraged to gain insight into local resources and quality improvement activities.

Year	Number of issued certificates
2016	4
2017	36
2018	23
2019	18
2020	9
2021	0
2022	18

Over the last few years we have held many Hippokrates exchanges. You can see how these have developed over the last few years:



EVENTS

PAST EVENTS



London WONCA Europe Preconference 2022

In 2022, although the effects of the pandemic were still on us, we look at the future with more hope. We met with our members in London, with the joy of face-to-face gatherings. And right after the council meeting, we became EYFDM, after an enjoyable new name marathon. This year's theme was 'Primary Care in a Global Community'. The London organisers planned such an amazing event for us. Both Preconference and main conference was a great success. The European young family doctors felt the energy of being a global community with a full program both academically and socially.



EVENTS



UPCOMING EVENTS

Brussels Wonca Europe Preconference 2023

We're heading towards new horizons, where we throw off the effects of the Covid-19. It is possible to understand this from the sold-out of Brussels Preconference tickets while there are many months to the event. The Belgian preconference Organizing Committee prepared excellent scientific and exciting social program for early career family doctors. This year's preconference theme is "You can't always get what you want". They aimed to be a family friendly conference and invited partners and child(ren) as well. We are going to celebrate our new establishment, new name and new logo with new and old friends, in Brussels, Belgium.

Dublin Wonca Europe Preconference 2024

While we are ready and excited for this year's conference, we have already started working for the next year's event. It will be in september 2024 in Dublin, Ireland. We are going to gather in Dublin, the "Emerald Isle", at the north west of Europe to share experience, establish new collaborations and expand our network. And last but not least, have fun. We are looking forward to meet with our friends and colleagues across Europe, in Dublin in 2024!

Our 8th Forum will be in Vienna in April 2024!

After a successful 7th forum at Edinburgh - UK, next forum preparation started rapidly. Austria team won the forum bid and we would like to invite you to the forum to be held in the capital of Austria, the historical city, Vienna in 2024 spring. Details are coming, stay tuned!



Where shall we meet next?

Looking into the future, we strive to develop and create more great events, where we can learn and grow together. Want to be part of this journey?

Maybe you'd like to plan our next forum?

SPECIAL INTEREST GROUPS



Mental Health Lead: Dr Genco Görgü I am a family physician working on community oriented mental health services and developing

Key success: Increased competence of family doctors in preventing and managing suicidal

ideation

Health Inequities: Equally **Different** Lead: Marta Ruivo

equallydifferent@eyfdm.eu



mentalhealth@eyfdm.eu



Lifestyle Medicine

Lead: Dr Marina Jotic Ivanovic I am passionate about preventive medicine, nutrition healthcare and womens health. I love to

lifestylemedicine@eyfdm.eu

Key success:

projects

Research on mental distress among professionals

Migrant Care, International Health and Travel Medicine Lead: Felicity Knights

I'm an Academic Clinical Fellow with a passion for seeing family medics use their skills to tackle health inequity. migrantcare@eyfdm.eu





Planetary Health

Lead: Oisin Brady Bates Passionate about development presentations and of planetary health training and practice for family medicine

planetaryhealth@eyfdm.eu

Key success: Wellbeing Ongoing Lead: Siamak Zahmat

wellbeing@eyfdm.eu





Emergency Medicine

Lead: Miriam Rey Passionate about learning, promoting health care and equity in our systems, family care for all and promoting the knowdedge in a fun way on the EM path

emergencymedicine@eyfdm.eu

Workforce Migration Lead: Ogülcan Come

workforcemigration@ey fdm.eu



Introducing our two newest SIGs:



Women's Health Lead: Helena Alonso

Insta: sigwomenshealth.eyfdm

womenshealth@eyfdm.eu

Key success: Setting up and building our new SIG!

Medical Education

Co-Leads: Aaron Poppleton and Fabian Dupont

We are passionate about competency-based medical education.

med.ed@eyfdm.eu







NETWORKS AND LIAISONS



European Rural and Isolated Practitioners Association (EURIPA)

Liaison - Veronika Rašić I am passionate about improving access to healthcare for rural communities and health literacy are topics I am passionate about.

<u>euripa.liaison@eyfdm.eu</u>

Key success: Engagement at the WONCA Rural Health conference in 2022 and involvement in developing the EURIPA Blueprint for Rural Health in Europe

European Society for Quality and Patient Safety in General Practice/Family Medicine (EQuIP) Liaison - Sophie Scott

I am a GP trainee who is passionate about quality improvement, working with other countries and global health

equip.liaison@eyfdm.eu





EUROPREV Liaison - Marina Jotic Ivanovic

I am passionate about preventive medicine, nutrition and womens health. I love to travel.

europrev.liaison@eyfdm.eu

European Academy of Teachers in General Practice/Family Medicine (EURACT) Liaison - Sophie Sun I love to discover new people and new ideas. I spend countless hours attending MOOCs, playing with my daughter and studying social psychology and public health

euract.liaison@eyfdm.eu





Family Medicine 360 (FM360) Europe Regional Coordinator - Rianne van Vliet, Family Doctor in The Hague, love to travel and sing, as well as spending time with friends. I am passionate about exchanges!

and Deputy Coordinator - Rabee Kazan, A family medicine doctor, also starting as supervising tutor.
A 3rd culture guy (originally from Syria, now living and working in Spain). Fond of music of all types.

Key Successes: Virtual fm3ଡିଉଡିଡ୍ନୋନ୍ୟେନ୍ଲକ୍ଷ୍ମ୍ୟୁଟେ **Primary Care Diabetes Europe (PCDE)** Liaison -Albert Bellvert Rios

pcde.liaison@eyfdm.eu



COUNCIL



Armenia - Ara Arshamyan

Austria - Anna Hansemann *Key action:* Organising the next EYFDM forum in Vienna!

Belgium - Laure Clinckemalie *Key success:* Organising the EYFDM pre-conference in Brussels!

Bosnia and Herzegovina - Marina Jotic Ivanovic. *Key successes:* We held a fantastic EYFDM conference exchange in Doboj in September 2022, and will have another soon

Bulgaria - Mariya Armova *Key success:* bringing 40 young doctors into the national young doctors organisation

Croatia - Jana Kovačević

Czech Republic - Marika Svatošová *Key success:* setting up our new national organisation website **Denmark** - Mariam Gheslaghi *Key successes:* created more awareness of our national young GP organisation, FYAM, including a video about us and social media activity

Estonia - Veiko Lillipuu *Key successes:* education and socialisation weekend for our members, communication with Estonian Health Insurance Fund and Social Affairs Ministry

Finland - Ida-Emilia Helanti

France - Daria Gheorghe & Michalina Derbich *Key success:* Pre-CMGF conference exchange



Anna Hansemann Austria



Laure Clinckemalie Belgium



Ivanovic - Bosnia & Herzegovina



Mariya Armova Bulgaria



Marika Svatošová Czech Republic



Mariam Gheslaghi Denmark



Veiko Lillipuu Estonia



Ide-Emilia Helanti Finland



Daria Gheorghe France



Michalina Derbich France

COUNCIL



Fabian Dupont Germany



Alina Zidaru Ireland



Yelena Khegay Kazakhstan



Nuraiym Turanova Kyrgyzstan



Viktorija Grazuliene Lithuania

Germany - Fabian Dupont *Key success:* Maintaining independence and activity in spite of COVID limits

Greece - Vasileios Stoukas

Hungary - Eta Balind

Iceland - Þóra Elísabet Kristjánsdóttir

Ireland - Alina Zidaru

Israel - Limor Adler

Italy - Riccardo Cavalieri *Key success:* writing a core curriculum for GP trainees to improve training

Kazakhstan - Yelena Khegay

Kyrgyzstan - Nuraiym Turanova *Key successes:* support from the universities and Ministry of Health

Latvia - Zane Kreicberga

Lithuania - Viktorija Grazuliene

Luxembourg - Lisa Zangarini *Key successes:* Creation of the young doctors' organisations, curriculum changes, increased involvement of young doctors

Malta - Esther Muscat

Netherlands - Rogier Steins *Key success:* increasing popularity as well as flourishing departments and special interest groups

North Macedonia - Dragan Gjorgjievski

Norway - Renate Graue *Key success:* creating a good platform for education in family medicine

Poland - Aleksandra Majkut

Portugal - Vera Pires da Silva *Key success:* organizing an independent congress by and for young doctors

Romania - Andreea Stoica

Slovakia - Katarina Kováčová *Key successes:* we expanded membership and offered a high quality educational event that was very well received

Slovenia - Špela Stražišar

Spain - Miriam Rey Key successes: Good protocols, maintaining our activity with zero budget, strong promotion, building stronger connections with our national organisation

Sweden - Joana Gomes

Switzerland - Réka Veress

Turkey - Halil Volkan Tekayak

Ukraine - Iana Sadovnik

United Kingdom - Joanna Dobbin



Dragan Gjorgjievski North Macedonia



Rogier Steins-Netherlands



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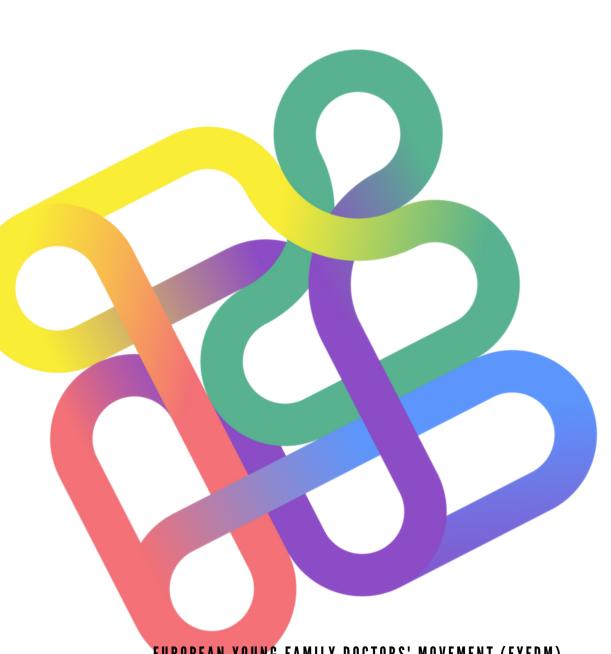
Halil Volkan Tekayak Turkey



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