



EUROPEAN YOUNG FAMILY DOCTORS MOVEMENT PRESENTS:

PLANT-BASED DIETS AND PLANETARY HEALTH

PLEASE JOIN US FOR AN INTERACTIVE WEBINAR AND LIVE
COOKING DEMONSTRATION

MONDAY 4TH DECEMBER AT 1800 GMT

with:



Dr Shireen Kassam
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COOK ALONG WITH US - DOWNLOAD THE RECIPE IN ADVANCE

AND ACCESS THE ZOOM LINK TO THE WEBINAR:

[HTTPS://EYFDM.EU/](https://eyfdm.eu/)