

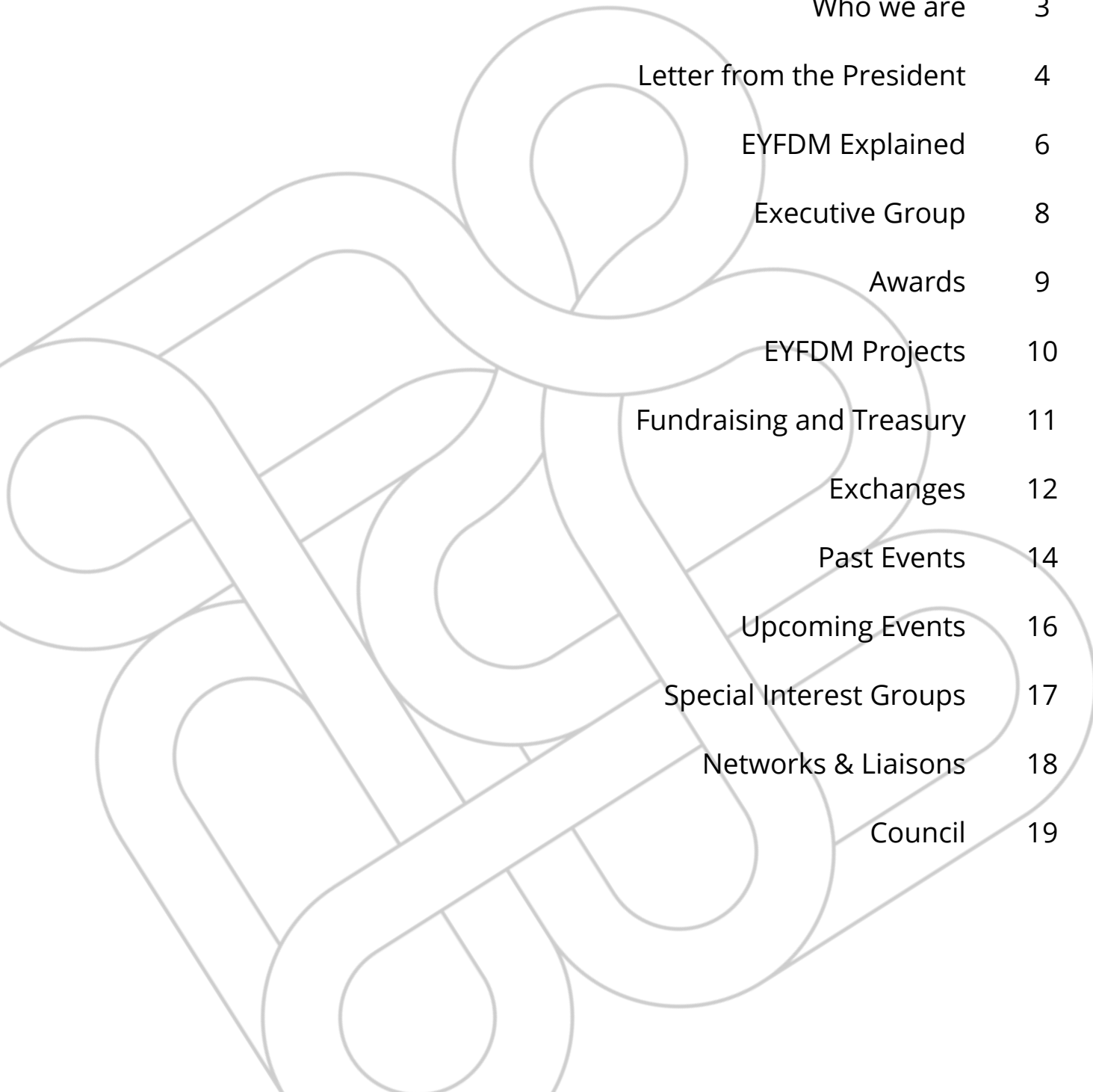
European  
Young  
Family  
Doctors'  
Movement

# EYFDM Annual Report

*2025/2026*

EUROPEAN YOUNG FAMILY DOCTORS' MOVEMENT (EYFDM)  
OF THE WORLD FAMILY DOCTORS ORGANISATION (WONCA) | [INFO@EYFDM.EU](mailto:INFO@EYFDM.EU)

# CONTENTS



Who we are	3
Letter from the President	4
EYFDM Explained	6
Executive Group	8
Awards	9
EYFDM Projects	10
Fundraising and Treasury	11
Exchanges	12
Past Events	14
Upcoming Events	16
Special Interest Groups	17
Networks & Liaisons	18
Council	19

This annual report covers the period from the beginning of the 2025 YDM pre-conference (16th of September) until 28th June 2026 (the day before the 2026 EYDM pre-conference).

# WHO WE ARE

*Our Vision for EYFDM*

***EYFDM envisions a world where every early career family doctor is empowered, connected, supported and heard.***

*Our Vision for Family Medicine*

***The profession of family medicine is evidence-informed, innovative, and influential, providing high quality holistic care as a core component of sustainable health systems, achieving health for all.***

## Our Aims

1. Provide opportunities for all early career family doctors in Europe to meet, learn from each other, and gain collegiate support
2. Be the voice of early career family doctors in Europe
3. Improve opportunities for early career family doctors in Europe, including in education and research
4. Strengthen the position of family medicine as a discipline in Europe

## What We Do

We achieve our aims through the development of relationships, networks, exchanges and events at national and international levels, as well as through advocacy and representation.

# A LETTER FROM THE PRESIDENT

Dear friends and colleagues of EYFDM,

It is my great pleasure to welcome you as we look back on the past year through the lens of EYFDM. First and foremost, I would like to thank each and every one of you for shaping EYFDM into what it is today and for contributing to the continuous growth and evolution of our Movement. I would also like to extend my heartfelt thanks to my Executive Board—a group of dedicated women whose passion for Family Medicine and EYFDM has made this year's achievements possible.

This has been a year of transition, as we welcomed new members to the Executive Board: Paula Sala Ivars as President-Elect, Catarina Gomes Madeira as Events Officer, and Charlotte Morris as WONCA Europe Liaison. At the same time, we bid farewell to valued members who have contributed greatly to EYFDM over the years—Kerry Greenan, our Secretary, and Marta Kurdzielewicz, our Awards Officer. I would also like to acknowledge Yanica Vella, our Exchange Officer, and Carolina Cordovil, our Image Officer, who are both standing for re-election—Yanica for another term as Exchange Officer and Carolina as Secretary.

The past year has been a particularly rich and dynamic one for EYFDM. From the YDM Preconference and WONCA World in Lisbon, where we had the opportunity to connect and collaborate with peers from across the globe, to the 10th EYFDM Forum in Tallinn, Estonia—which became our largest Forum to date—it has truly been a whirlwind year filled with meaningful exchanges, friendships, and achievements.

As always, we have remained committed to making our events more accessible through the EYFDM Bursary Fund, and we are grateful to our members for their ongoing support through the lottery. We continue to prioritize family-friendly environments at our events, while also striving to improve accessibility and sustainability. In addition, we have strengthened our presence at the European level through collaborations with WONCA Europe and its networks, as well as with UEMO, particularly in discussions surrounding the European Curriculum for Family Medicine.

As my term as President comes to an end next year, I am confident that EYFDM's future is in excellent hands. I very much look forward to seeing many of you in Paris this June, and for those who cannot join us then, I hope to see you in Málaga in March 2027.

Kind regards,  
Daria Gheorghe



# A short guide to EYFDM

## The European Young Family Doctors' Movement

### What this is all about?

To understand what EYFDM is, it's good to make yourself familiar with two other organisations: **WONCA World** and **WONCA Europe**. WONCA World is a professional organisation representing family physicians and general practitioners from all over the world. WONCA Europe is its European branch. **The European Young Family Doctors' Movement** is a part of WONCA Europe, but it's created and run solely by and for **young doctors**.

### Who is a young doctor, then?

"**Young doctor**" is defined as an early career family doctor (FD - also known as a general practitioner, or GP). So if you are a resident or within five years of completing training, you are a "young doctor". As a "young doctor" within WONCA you are automatically a EYFDM member.

### What is the mission of EYFDM?

EYFDM envisions a world where young family doctors are empowered, connected, supported and heard; where the profession of family medicine is **innovative, influential & academically robust**; where family doctors and our speciality are recognised and respected as an **essential** component of primary care.

### What if I am interested in certain areas of family medicine?

Family medicine covers a wide spectrum of medical areas and each GP can have different fields of interest. For those who want to develop and focus on a particular aspect of general practice, Special Interest Groups (**SIGs**) have been created.

### Where can I find more about EYFDM?

Visit our **website**: [eyfdm.eu](http://eyfdm.eu)

Follow us on **social media**



@eyfdm

Read the **[full version of our guide \(available on our website\)](#)**

# A YEAR WITH EYFDM

## WHAT CAN YOU DO WITH THE EUROPEAN YOUNG DOCTORS' MOVEMENT WITHIN A YEAR?

### CONFERENCE EXCHANGE

**EYFDM Preconference** is organised **every year** by young FDs for young FDs, starts right before the WONCA Conference.

**WONCA EUROPE Conference** gathers **every year** thousands of GPs at the biggest conference of Family Medicine in Europe.

Every **Conference Exchange** lasts for a few days and usually takes place in the same city as the upcoming conference.

### EYFDM PRECONFERENCE

### WONCA EUROPE CONFERENCE

### HIPPOKRATES EXCHANGE

Choose a country in Europe and spend weeks in a GP practice with **Hippokrates Exchange** programme.

### RESEARCH AWARD EXCHANGE AWARD

The **Research Award** and **Exchange Award** are given **every year** for an advanced research project in family medicine and for the best exchanges done in rural and urban GP practice.

### FM 360° EXCHANGE

**FM 360°** is an **exchange** you can do almost anywhere around the world-choose the destination and start packing.

### CONFERENCE EXCHANGE

**European Young Family Doctors' Movement Forum** happens every **1 or 2 years**, it's a mix of science and social events for young GPs. This conference is not connected with any other event.

**WONCA WORLD** is organised **every 2 years**. Meet GP trainees and FM specialists from around the world and deepen your medical knowledge.

### EYFDM FORUM

### WONCA WORLD PRECONFERENCE WONCA WORLD

### CONFERENCE EXCHANGE

### EYFDM PRECONFERENCE WONCA EUROPE CONFERENCE

# EXECUTIVE



**Daria Gheorghe - President**

General Practitioner in Strasbourg, I am passionate about medicine - more particularly women's and migrants health - but also travelling, reading, movies and of course, EYFDM !



**Paula Sala Ivars - President Elect**

Committed to empowering the next generation of healthcare professionals, Paula focuses on an integrated approach that combines these perspectives to create solutions that are both globally sustainable and locally accessible.



**Carolina Cordovil - Image Officer**

Family Medicine specialist, I enjoy exploring new areas of Medicine (Lifestyle Medicine, Planetary Health and POCUS) and sharing EYFDM opportunities that can help engage and inspire.



**Catarina Gomes Madeira - Events Officer**

I am a Family Medicine specialist and PhD student in Public Health, passionate about research and collaborative work. My work focuses on global health, particularly addressing health disparities and inclusion health.



**Yanica Vella- Exchange Officer**

My biggest passion is travel as this helps us grow & make connections with others at the same time exposing us to new experiences. This for me gives me the drive to do what I do as exchanges give you this opportunity. It's the gate way for growth.

**Kerry Greenan - Secretary**

I'm a GP partner in East London UK. I am passionate about equitable, sustainable health care and the social determinants of health.



**Karolína Jančarová - Treasurer**

GP trainee based in Prague. Open-minded, eager to learn new things, passionate about traveling and spending time in nature.



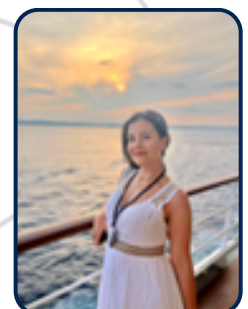
**Charlotte Morris - WONCA Europe Liaison**

Charlotte is a GP (Family Medicine Specialist) and researcher working in Manchester in the UK. Her research interests are in epidemiology and health equity for typically disadvantaged populations.



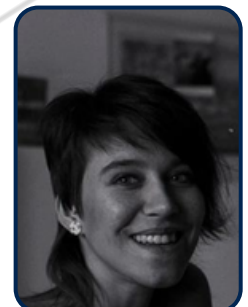
**Helena Alonso Valencia - Policy Officer**

I work as GP (Family Doctor) in Cornwall, Great Britain. I love walking in the coast paths, going to the beach, enjoying the sunshine, doing yoga and spending time with friends and family. I think the world can (and needs) to be a better place, and we can all do something towards this goal.



**Marta Kurdziewic - Awards and Fundraising Officer**

I enjoy discussing and contemplating different points of view, reading books incessantly gives me pleasure and having a soft spot for animals has made me become vegetarian.



## Being Young Staying Young Award

By establishing Being Young Staying Young Award EYFDM wished to appreciate senior General Practitioners who advocated and contributed to European Young Family Doctors Movement. Our members give this award to those who are no longer young (by EYFDM definition) but still have the youthful mindset and left a positive mark on our movement. This year the prize went to Veronika Rasic!



Veronika has been an invaluable bridge between EURIPA and EYFDM, serving as the previous EURIPA-EYFDM Liaison, a role in which she helped strengthen connections between young doctors and established rural practitioners across Europe. As co-founder of Rural Seeds in 2017, a global network for students and early-career health professionals interested in rural health, Veronika created a platform that continues to empower young professionals to pursue rural careers and research.

Please, read the words of Raisa Álvarez Paniagua who nominated Veronika for BYSY Award: "She embodies the spirit of this award—someone who has made long-standing, meaningful contributions to the EYFDM and broader WONCA community, while remaining a passionate, forward-thinking advocate who continues to inspire the next generation of family doctors."



## Junior Research Award

The chance to present a research project at the WONCA World Conference in Lisbon motivated many young GPs to compete for the Junior Researcher Award 2025. The jury, consisting of Professor Radost Asenova, Dr Charlotte Morris and Dr Nick Mamo selected three finalists: Catarina Gomes Madeira (Portugal), Gülşah Onur (Turkey), Sofia Mendes Cunha (Portugal).

The winning project came from Catarina, titled: Participation in Cervical Cancer Screening Among Migrants and Non-Migrants in Primary Health Care in Lisbon: A Register- Based Study.

*Catarina is a Family Medicine specialist and PhD student in Public Health, passionate about research and collaborative teamwork. Her areas of interest lie in global health, with a particular focus on addressing health disparities and inclusion health.*

*Last year, for the JRA, she presented a study on participation in cervical cancer screening among migrants and non-migrants in primary health care in Lisbon.*

# EYFDM PROJECTS

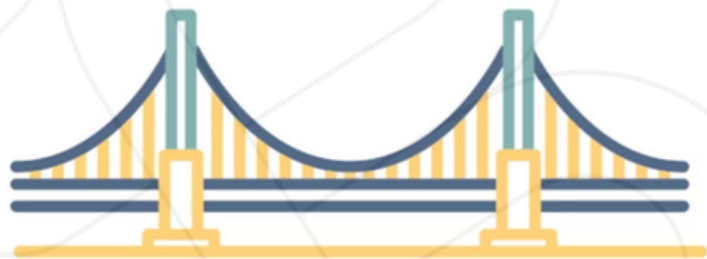
## The EYFDM Podcast

In April 2024, Fabian Dupont (Germany) and colleagues set-up The EYFDM podcast, to enable its listeners to discover the world of family medicine through the lens of young doctors. It is available on Spotify - go listen to the series now!

- 12. Prof. Dr. Amanda Howe, former president of WONCA and RCGP talks about her GP experience and how she ended up with a career she loves
- 13. Dr. Innocent Besigye, academic and family physician from Uganda talks about primary care in his country and global public health
- 14. Dr. Martin Viehweger, GP and sexual health activist in Germany and Switzerland talks about how he combines GP work with his special interest - Sexual Health
- 15. Dr. Max Elstermann von Elster, combining GP work with occupational health, palliative care, sports medicine, urgent care and a full family life in Berlin, Germany
- 16. Dr. Clara Schlaich MPH, Family Doctor, Occupational Health worker and Maritime Health expert from Hamburg, Germany
- 17. Dr. Jeff Panzer MD MS from Evanston (US) talks about relationship based Family Medicine and his perspectives on a better future for Primary Care
- 18. Dr. Daria Gheorghe, EYFDM President, talking about getting involved with EYFDM and being a European GP
- 19. Prof. Dr. Bob Mash talks about his experience as a GP in South Africa and the difficulties faced as a young doctor

## The Bridge Project - fifth edition

The Bridge Project was an initiative pioneered during the pandemic to link EYFDM members working in different countries so they could work together on areas of common interest. The first two editions were then presented during a symposium at WONCA Europe 2023 in Brussels and the third edition has seen an incredible increase with 95 participants working in 15 groups.



## Bridge Project

The fifth edition of the Bridge Project started in March 2025 with meetings in group sessions until September.

## Advocacy and representation within WONCA

EYFDM is represented on the board of WONCA Europe by Dr Charlotte Morris and we also practice advocacy in other ways. Dr Helena Alonso Valencia represents us on the executive group of the WONCA Europe Working Party on Policy and Advocacy, with others as members. Dr. Fabian Dupont, Medical Education SIG, represents EYFDM in European discussions regarding the General Practice curriculum, alongside Dr. Paula Sala Ivars and Dr. Charlotte Morris.

# FUNDRAISING & TREASURY

## HOW IS EYFDM FUNDED?

Every year we receive a sum of money from WONCA Europe as one of its networks. This allows EYFDM to fund our awards including research and exchange awards, it also allows us to support the Executive in their day-to-day functions. EYFDM also takes donations for the EYFDM Fund. The money in this fund is protected and dedicated to provide bursaries and subsidies to support EYFDM Members to participate in the EYFDM Forum, the EYFDM Preconference and WONCA Europe Conference. We use the EYFDM Fund specially to support those who are from lower- and middle-income countries, aiding in spreading the EYFDM Virus across Europe! In 2021 we added the "HOC Support Fund" to the EYFDM Fund. This fund aims to support Host Organising Committees (HOCs) of EYFDM Forums and Preconferences, who are in a financially challenging situation. Any donations you give us are 100% used for the EYFDM Fund, and therefore 100% given to support our members in need of financial assistance. The more donations we receive, the more we can support!

## EYFDM FUND FOR WONCA WORLD IN LISBON AND EYFDM FORUM IN TALLINN

The EYFDM Executive decided not to run a lottery during WONCA World in Lisbon because it seemed inappropriate to collect donations from participants worldwide solely for bursaries for Europeans. The funds raised during the lottery in Dublin the previous year, along with financial support from the WONCA Europe Executive and the WONCA Lisbon HOC, enabled us to award five bursaries for Europeans for the trip to Lisbon.

Financial support to attend the WONCA WORLD Conference and YDM Preconference in Lisbon was awarded to: Andrea Claudia Chira from Romania Busra Gurses from Turkey, Cristina Armenteros Gil from Spain, Sidika Ece Yokus from Turkey and Tetiana Lunova from United Kingdom/Ukraine

The financial support to attend EYFDM Forum in Tallinn was given to: Gabriel-Cristian Vacaru from Romania, Sophiko Rusashvili from Georgia and Ilgin İmir from Turkey.

We warmly invite you to take a moment and read the reflections written by Gabriel from Romania about his experience at the Forum in Tallinn.

"Having the chance to take part in the 10th EYFDM Forum and Exchange in Tallinn was a significant milestone for me, not only as a family medicine trainee but also as a PhD researcher in dermatology. As I have access to a vast sea of medical and clinical research data, "fishing for facts" during this forum was a headstart of a personal adventure: sailing the specialty of family medicine. Taking part in the diverse workshops, lectures, and side events provided more than just information, it gave me motivation and a structural foundation needed to build my clinical knowledge.

The lecture on statistics for exemple, helped me improve my ability to analyse and interpret my master degree research data, just before my diseration deadline. Engaging with peers and mentors during the exchange at the clinic allowed me to see how evidence based medicine translates into the heartbeat of primary care. I also had the opportunity to discover the Estonian primary care system. Seeing their innovative approach to digital health and community medicine firsthand was eye-opening, especially after studyng health systems and management within my master degree. Beyond the clinics, the warmth of the local culture and the historic beauty of Tallinn provided the perfect scene for professional growth and networking.

I am deeply grateful as this bursary represented a bridge between my activity and the European community of doctors who are as passionate about the future of family medicine as I am."

*Written by Marta Kurdzielewicz, Awards Officer*

# EXCHANGES

Exchanges are at the heart of EYFDM, read on to learn more about the opportunities that we offer.

## WHAT SORT OF EXCHANGES DO WE OFFER?

**CONFERENCE EXCHANGES** are short-term exchanges held around national family medicine conferences. They are short-term exchanges which give a group of participants an observational experience in primary care, followed by attendance at the national conference. They are a great way into EYFDM - it's easy to come along even if you don't know anyone and get to know the community.

### Exchanges held within the last 12 months:

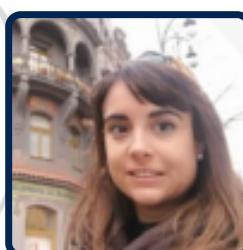
- 9 Hippokrates Exchanges
- Pre-RCGP Exchange in Wales, October 2025
- Pre-Forum Exchange in Tallinn (Estonia), January 2026
- Tahek, Edirne (Turkey), April 2026
- Den Bosch (The Netherlands), June 2026
- Pre-conference Exchange in Paris (France), June 2026

The **FAMILY MEDICINE 360° Programme (FM360)** is a global exchange programme for medical doctors training in Family Medicine/General Practice and junior Family Doctors/General Practitioners (within five years of completing residency training). It enables participants to spend up to four weeks visiting the primary healthcare system of a different country anywhere in the world. The Family Medicine 360° Program was formally launched in 2013 during the 20th WONCA World Conference in Prague. Its aim is to promote intercultural exchanges, so as to give doctors an opportunity to learn from each other in different cultural and socio-economic contexts.

Aside from being an opportunity to broaden one's professional and personal horizons, these exchanges provide the possibility to interact with different primary care settings and health care systems in general. The exchange programme is based on and developed by young doctor's movements worldwide and supported by WONCA World. In order to provide a standardised educational experience, the Family Medicine 360° Programme is built on a special framework based on learning objectives and outcomes. At the end, participants are invited to reflect on their experience, before and after the exchange, and to write a final report. The exchange programme is financially self-supported by participants, who are expected to cover their travel and accommodation expenses. However, hosts are very welcomed to assist participants in providing options for accommodation.



**Family Medicine 360 (FM360)**  
Global Lead  
Rabee Kazan (Spain)



**Family Medicine 360 (FM360)**  
Europe Regional Coordinator:  
Raisa Álvarez Paniagua (Spain)

fm360@eyfdm.eu

# EXCHANGES

The **HIPPOKRATES EXCHANGE** is an exchange program for early career Family Doctors. The programme is supported by WONCA Europe and by the European Academy of Teachers in General Practice (EURACT). The aim of Hippokrates is to encourage exchange and mobility among young doctors in the course of their professional formation thus providing a broader perspective to the concepts of Family Medicine at both professional and personal levels.

Participants of the program acquire an insight into the context of family medicine in the primary healthcare system of other European countries either by hosting an exchange participant or visiting a GP practice in another country. Through this they gain knowledge that will inspire them to undertake an active part in the development of Family Medicine at all levels.

Furthermore the programme enhances the collaboration among national colleges of Family Medicine and the recruitment of young professionals to these.

At the individual level the acquisitions are numerous: an international experience in a vocational setting, improving knowledge and skills, inspirational introduction to methods of professional development for lifelong learning, improving language skills, creating new friendships.

The duration of an Exchange is normally two weeks; in some cases one week is acceptable. During this time the visitor will obtain an introduction to the aspects and the role of Family Medicine in the respective country by shadowing all activities of the Host Practice. The visitor should also meet, follow and exchange views with the local trainees specialising in Family Medicine and will be encouraged to gain insight into local resources and quality improvement activities.

Visit the Exchanges page on our website to learn more: <https://eyfdm.eu/exchanges/>  
Our exchanges are coordinated by our Exchange Officer, Yanica Vella, who manages a team of national exchange coordinators in most countries where we have active members.

## THIS YEAR'S EVENTS

### YDM pre-conference at WONCA World 2025 in Lisbon, Portugal

The Young Doctors' Movement (YDM) preconference at WONCA World Lisbon 2025 was a vibrant and impactful gathering, setting an inspiring tone for the main conference to come. Held in the beautiful and historic city of Lisbon (Portugal), the event brought together a global community of young family medicine professionals under the main theme of 'Future-proofing family medicine.'



The pre-conference program was anchored by four compelling keynote lectures that addressed topics as diverse as they were critical: Dr. João Sequeira Carlos (Portugal)'s keynote on 'Back to the Future - The History is You!' shared the history of Young Doctors' Movements, and inspired us with what had been achieved by those young family doctors who went before us. He emphasized the importance of mentorship and mutual support among young doctors. Dr. Viviana Martinez Bianchi (USA, WONCA World President-elect)'s keynote "Lift as You Climb: A Call to Action for Family Medicine and Health Justice" shared her thoughts on how we should 'Lift as we climb', a beautiful concept that makes us think about the importance of supporting our colleagues and helping each other to be the best family doctors we can be, and achieve our potential. Dr. Muna Chowdury (Canada)'s keynote "Holding on to Why We Began: Restoring Wellness and Purpose in Medicine" provided practical insights into 'wellness in medicine' focusing on doctor's health and work-life balance. Dr. Mayara Floss (Brazil)'s final keynote "Fireflies and Family Medicine: Planetary Health, Hope and Future", highlighted the critical link between human well-being and the health of the planet. These lectures wove together the conference's sub-themes: sustainable health systems, wellbeing, planetary health, and impactful organisations.

At the YDM preconference the EYFDM council elections were held, with the election of 3 new members to the executive. After a very close election with 2 amazing candidates, Charlotte Morris and Jan Lubomski, following 2 ties in a row, Charlotte Morris was elected as WONCA Europe Liaison. Catarina Gomes Madeira was elected as Events Officer and Paula Sala Ivars as President-elect.

*Written by Charlotte Morris, EYFDM Liaison to WONCA Europe*



## THIS YEAR'S EVENTS

### 10th EYFDM Forum in Tallinn, Estonia - January 2026

On the last 2 days of January, the 10th EYFDM Forum took place in Tallinn. This meeting is organised by and for young family doctors as a standalone event that keeps the spirit of the movement going between the meetings that take place during the pre-conference that precedes the annual WONCA Europe Conference.

As the largest EYFDM forum to date and the first forum to take place in a North European/Baltic country, 359 participants from 29 countries took part in the exciting scientific programme that included keynote lecturers and panellists. 24 workshops and 42 oral presentations were given out during the conference.



The keynote sessions covered diverse themes, including genetics, the multidisciplinary team within family medicine, digitalisation as well as teaching and research opportunities within our speciality. These were delivered by world-leading speakers, Prof. Ruth Kalda, Prof. Thomas Frese, Prof. Alex Harding and Prof. Lili Milani. A panel session with Dr. Daria Gheorghe, Prof. Anna Stavdal, and Dr. Gerhard Grents stimulated further discussions.

The forum was preceded by an exchange programme. Over 3 days, 40 participants got the chance to observe first hand how Estonian healthcare works by accompanying local family doctors during their working hours.

The social programme was filled with events for each of the 3 nights, giving participants the chance to get to know the city and local culture. These included a live band, traditional Estonian dancing as well as a medieval themed meal. Other social highlights were the 'lantern city hike' through the atmospheric Old Town of Tallinn. On Sunday, some people even braved a dip in the icy sea, followed by a sauna visit!

Before the Forum, the [EYFDM Council meeting took place](#). The Council approved statements regarding the recognition of family medicine as a speciality within Europe, supporting the position of WONCA Europe and the Working Party on Policy Advocacy. We also approved a position statement on the Climate Emergency, and made some changes to our bylaws, ensuring we keep our governance up-to-date as we develop as an organisation.

*Collaboratively written between members of EYFDM executive and Tallinn HOC*



## UPCOMING EVENTS



### EYFDM pre-conference at WONCA Europe in Paris, June 2026

Join us in Paris, France next year as we will all work together to find out “What makes up an ideal GP?” As we all know, on a daily basis in our practice and towards our patients, we are not just a Family Doctor but also so much more. Stay tuned for information and registration on the official website: [www.woncaeurope2026.org](http://www.woncaeurope2026.org)

### 11th Forum 2027 - Malaga, Spain

Following a successful bid, the Spanish team will host the 11th EYFDM Forum in Málaga on the 5<sup>th</sup> and 6<sup>th</sup> March 2027 with the theme “Global Voices for Local Impact”. Join us next year and register on the official website at : <https://eyfdmforum2027.com/>



### EYFDM pre-conference at WONCA Europe in Ljubljana, June 2027

Join us in Ljubljana, Slovenia next year around the theme of “Sustainability Strategies for Primary Care”. Register at [www.woncaeurope2027.org](http://www.woncaeurope2027.org) !



### Where shall we meet next?

It has already been confirmed that the 12th EYFDM Forum will take place in 2028 in the Netherlands, organised by an outstanding team of young family doctors.

# SPECIAL INTEREST GROUPS

Our Special Interest Groups (SIGs) provide support to our members as they participate in activities that interest them as well as allowing them to take advantage of international opportunities that arise.

## Currently active groups

Digital Health & Artificial Intelligence

Emergency Medicine

Global Health

GP Ultrasound

Health Inequities: Equally Different

Lifestyle Medicine

Medical Education

Medical Leadership

Mental Health

Migrant Care, International Health and Travel Medicine

Planetary Health

Wellbeing

Women's Health

## Want to create a new SIG?

The newly forming SIG should submit to the secretary a document with:

1. SIG Name
2. SIG Aims and Objectives, and some idea of what plans the SIG has for the upcoming year (the plans do not need to be detailed, just a general idea, but clear aims would be very much appreciated).
3. Name(s) of lead(s)
4. List of founding members

Here we are looking for a sign that there is a broad desire for this SIG, so a good number of people preferably from a mix of countries.

The executive would then review and come back with a response. If there is time between getting the document and the following executive meeting, and there are questions or suggested amendments we may write back before to seek clarification/improvement.

# NETWORKS & LIAISONS

Liaisons keep us up to date on developments in other regions, organizations and networks allowing for better collaboration and sharing of useful information.

## ASPIRE

ASPIRE Global Leaders Program has been developed to augment medical student, resident, and junior GP/FP staff all-around skills while simultaneously increasing their involvement within their national organizations and WONCA. The name ASPIRE is a mnemonic with the letters representing its foundation:

Academics, Students, Pre-conferences, International collaboration, Research/Residents, Exchanges.

This program aims to improve each participant's individual capabilities and then use these newly forged skills to help others.

The goal is that each participant becomes personally invested in the program for the improvement of junior WONCA members and beyond.

## EGPRN

EGPRN is the WONCA Europe Network for Research. The European General Practice Research Network is an organisation of general practitioners and other health professionals involved in research in primary care and family medicine. Its aim is to provide a suitable setting in which to discuss and develop research in primary care; to foster and coordinate multinational studies, to exchange experiences and to develop a validated scientific basis for general practice. In addition, EGPRN also offers general practitioners a chance to meet foreign colleagues prompting local and international research collaboration.

## EQuIP

EQuIP is the WONCA Europe Network for Quality and Safety. The aim of EQuIP is to contribute to the achievement of high levels of quality and safety of care for patients in general practice in all European countries. EQuIP offers a structure for collaboration and exchange of expertise and methodology and initiates projects on development and evaluation with regard to Quality Improvement and Quality Management and Development.

## EURACT

The European Academy of Teachers in General Practice (EURACT) was launched in March 1992. The overall aim of the Academy is "to foster and maintain high standards of care in European general practice by promoting general practice as a discipline by learning and teaching." Since the launch of the Academy it has grown to be the largest personal membership organisation in Europe, with over 800 members in nearly 40 countries. EURACT is one of the WONCA Europe Networks.

## EURIPA

The European Rural and Isolated Practitioners Association (EURIPA), the WONCA Europe Network for Rural Health, is a unique body in that it is the first regional rural health organisation in the world. EURIPA's principals are: Partnership, sharing and understanding, Research and development, Education and information, Technology and innovation, Promotion of health and elimination of health inequalities, Development of cost effective, patient centred health care systems, Dissemination of good practice.

## EUROPREV

EUROPREV is the WONCA Europe Network for Prevention and Health Promotion in Family Medicine and General Practice. It aims to promote evidence-based disease prevention and health promotion in Family Medicine in Europe. Family Medicine is a complex discipline, and in the prevention field, there are often difficult decisions to be made with our patients. To screen or not to screen. To advise a behaviour change or not to advise. To prescribe a preventive drug or not to prescribe. The EUROPREV network is a space of debate for those who want to see beyond the smog and to discover what the best available scientific evidence shows us.

## PCDE

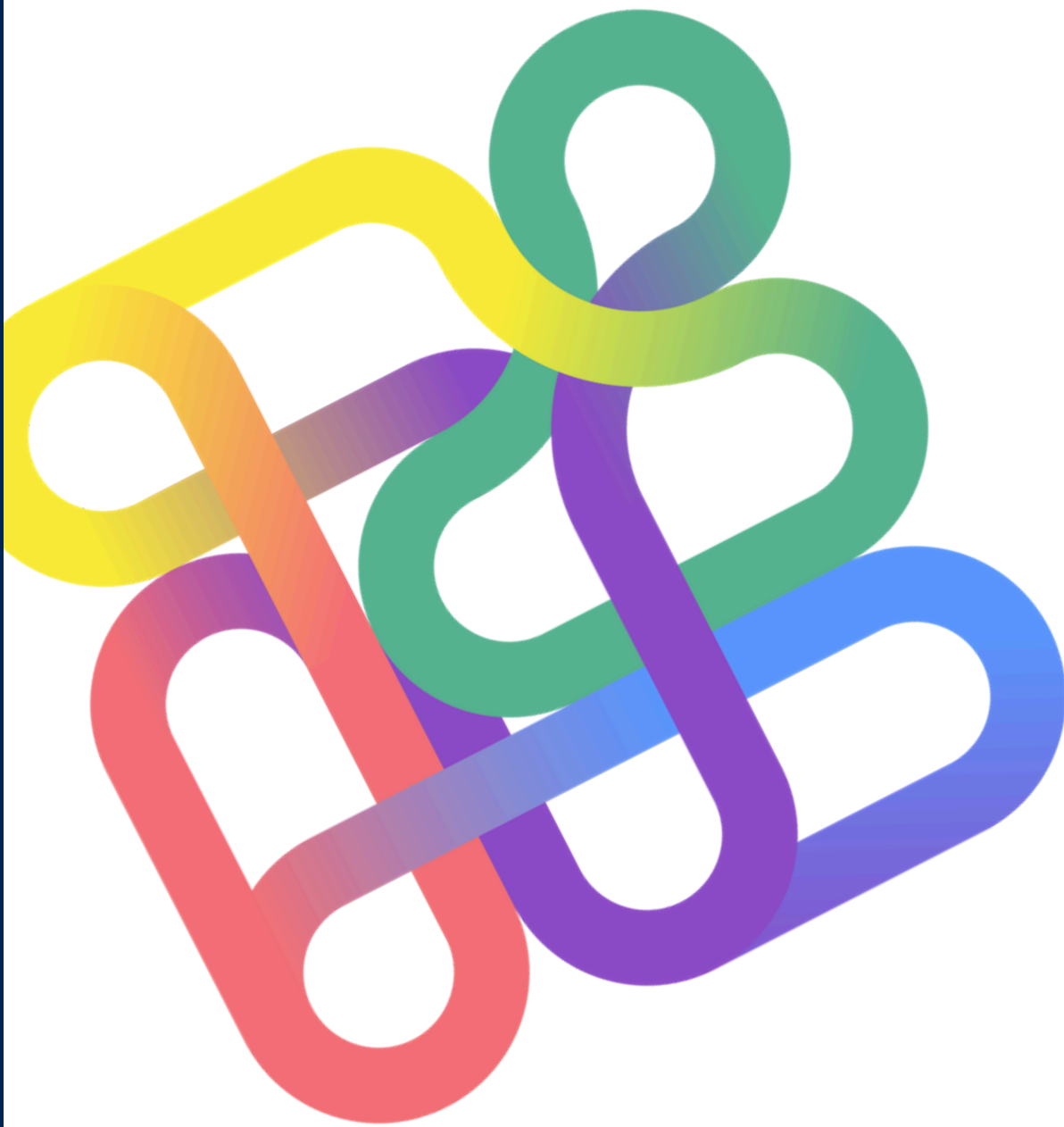
Primary Care Diabetes Group (PCDE) is the WONCA Europe Special Interest Group on Diabetes. PCDE provides a focal point for primary care clinicians and their patients. Its purpose is to promote high standards of care throughout Europe. Emphasis is placed on incorporating evidence based medicine into daily practice as well as promoting diabetes education and research in primary care.

# EYFDM COUNCIL



EYFDM Council is the governing body of EYFDM and comprises young doctor representatives from across the WONCA Europe Region, nominated by their WONCA National Member Organisation. They represent the young doctors from their country during council meetings and vote to elect the EYFDM Executive.

- Austria - Franziska Freinberger
- Belgium - Jan Lubomski
- Bulgaria - Dobrinka Annastasova
- Czech Republic - Natalie Kerhartová
- Denmark - Aho Bazargan
- Estonia - Kati Koost
- Finland - Johanna Suur-Uski
- Georgia - Lia Guledani
- Germany - Fabian Dupont
- Greece - Vasileios Stoukas, Ioannis Chronis and Michalis Papadopoulos
- Hungary - Róbert Kiss-Kovács
- Ireland - Dominic Gilmore
- Israel - Jonathan Brill
- Italy - Riccardo Cavalieri
- Lithuania - Gintarė Trepėnaitytė
- Luxembourg - Lisa Zangarini
- Malta - Esther Muscat
- Netherlands - Adib Otroshi
- North Macedonia - Dragan Gjorgjievski
- Norway - Bjørg Marie Vabø Sætermo
- Poland - Aleksandra Majkut
- Portugal - Inês Castro
- Romania - Vasile Grajdu
- Slovakia - Katarina Kováčová
- Slovenia - Špela Stražišar
- Spain - Marc Albiol
- Sweden - Adebayo Sanusi
- Switzerland - Timon Wartenweiler
- Turkey - Ekin Dikmen
- Ukraine - Oleksandra Alekseichenko
- United Kingdom - Rishi Caleyachetty



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OF THE WORLD FAMILY DOCTORS ORGANISATION (WONCA) | [INFO@EYFDM.EU](mailto:INFO@EYFDM.EU)  
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